

## **An Introduction to Tinnitus Management**

**A One-Day Course**

**Venue: The Source Conference Centre, Meadowhall, Sheffield**

Looking to move into tinnitus management?

Looking to gain in confidence and base knowledge?

Join us for this limited-place course

What's included?

- Refreshments reception on arrival
- Nationally and internationally renowned speakers
- Exhibition by relevant product manufacturers and charities
- A choice of break-out sessions
- Networking lunch



**NHS**

Event Date:

15th June 2020

Course fee:

Professionals:  
£130

Students: £80

(Quote discount code:  
STINN20—Proof of  
Student status may be  
required)

Venue:

The Source Conference  
Centre  
300 Meadowhall Way,  
Sheffield  
S9 1EA

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## The programme will include:

### Introduction / What is tinnitus?

Matthew White (Senior Audiologist and Tinnitus Lead - Rotherham NHS Foundation Trust)

### Tinnitus support and management strategies

Sandy Grimes (Retired NHS Hearing Therapist and British Tinnitus Association Vice President)

### Interactions between tinnitus and stress

Dr James Jackson (Associate Principal Lecturer in Psychology—Leeds Trinity University)

### Hearing aids, combination devices and tinnitus

Dr Magdalena Sereda (Senior Research Fellow in Tinnitus at NIHR Nottingham Biomedical Research Centre and British Tinnitus Association Head of Research)

### Pulsatile tinnitus

Mrs Susan Douglas (Consultant ENT Surgeon specialising in Otolaryngology and Otology - Rotherham NHS Foundation Trust)

### Paediatric tinnitus

Claire Benton (Paediatric Audiologist and Head of Audiology at Nottingham University Hospitals NHS Trust)

### Use of mindfulness with tinnitus

Lynn Kiers (HCPC Registered Occupational Therapist and Mindfulness Teacher)

### Interactions between tinnitus and sleep

David Stockdale (Chief Executive - British Tinnitus Association)

### Psychological therapies for people with tinnitus-related distress

Dr Laura Mantle (Principal Clinical Psychologist, Park Rehabilitation Centre, Rotherham)